

| NOTES | |
|-------|------------------|
| | Altitude ft |
| | Airspeed mph |
| | Distance mi |
| | Time min |
| | Sunrise |
| | Sunset |

plan it, fly it and track it

| BRAKES OFF | | BRAKES ON | | | TAKE OFF | | | LANDING | | | TACHO START | | | TACHO END | |
|--------------|-----|-----------|-------|-----|----------|-----|--------|---------|------|------|-------------|------|-----|-----------|------|
| FROM/TO | MSA | FL/ALT | TR(T) | W/V | HDG(T) | VAR | HDG(M) | GS | DIST | TIME | ETA | RETA | ATA | COMM | FREQ |
| Microland | | | 178 | | | 19W | | | 19 | | | | | | |
| Springs | | | | | | | | | | | | | | | |
| Springs | | | 231 | | | 19W | | | 71 | | | | | | |
| Parys | | | | | | | | | | | | | | | |
| Parys | | | 247 | | | 20W | | | 127 | | | | | | |
| Bloemhof | | | | | | | | | | | | | | | |
| Bloemhof | | | 251 | | | 20W | | | 40 | | | | | | |
| Eagle Flight | | | | | | | | | | | | | | | |
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